

INTERNATIONAL SEMESTER

Academic year 2026-2027

Master School of Health and Well-being

Spring semester 2027 (5 January – 31 May)

*Dates are published at [Turku UAS Semester Dates](#). Please note that you need to attend the whole semester in order to complete all courses. Please note that these are preliminary course lists, meaning that some changes may occur.

Course name	ECTS	Course code
Development of Community and Intercultural Competences After completing the course, the student is able to: • examine community development principles and participatory methods • design and evaluate actions that promote equity, inclusion, and sustainability • facilitate actions with intercultural communities and communicate in a culturally sensitive manner	5	TH00DT62
Health promotion management - Social and Health care services and their current challenges - Promotion of health and well-being in the societal decision making - Policy work, management and leadership related to health promotion	5	TH00BP98
Various Aspects of Health Promotion Management After completing the course, the student is able to: - work as an expert of health promotion in national and international contexts - work in multicultural, -disciplinary and -sectoral contexts and networks - understand the need for preparedness and continuous development	5	TH00BP99

Project management Max. 10 ECTS, may be less depending on the total number of ECTS the student needs for their exchange. After completing the course, the student is able to: -Apply co-creation methods to develop social innovations in collaboration with diverse stakeholders - Critically assess the role of higher education in promoting socially impactful solutions - Design and implement project-based approaches to address real-world social challenges Contents are tailored to include: - Literature review on social innovations in health promotion - Case examples of successful social innovation projects - Methods and tools for co-creation, stakeholder engagement, and participatory design - Reflection and evaluation, including ethical considerations and impact assessment	5-10	Contact: tuuli.tamminen@turkuamk.fi
COURSES SUITABLE FOR ALL EXCHANGE STUDENTS		
Finnish for exchange students Beginners' course in the Finnish language.	3	1000474
Multicultural and international competences This course will increase the students' awareness of the increasingly diverse higher education; provide the students with abilities to operate in international working environments; and to boost the sense of belonging of students and their attachment to a multicultural higher education community.	5	YH00CZ01